

# HYGGE bingo

**Hygge** (pronounced HOO-guh) is a Danish word that describes a cozy ambience, convivial attitude, and sense of contentment. Try these hygge activities to get you through the winter blues!

Create something in the library's **makerspace**



Go outside and watch a sunrise or sunset



Start a scrapbook or gratitude journal



Bundle up and take a walk outdoors



Find a new **cookie recipe** and bake to your heart's content



Spend time with an animal friend



Attend the library's custom tea blend workshop on Feb 6



Relax after a meal instead of rushing to clean



Attend a **Craft and Chat** session at the library



Hang fairy lights or light a candle in your home or workspace



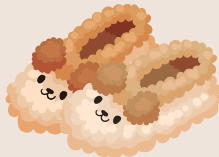
Wrap up in a cozy blanket and watch a movie for free on **Kanopy**



Turn your phone off one hour before bedtime



**FREE SPACE**



Have coffee or tea with a friend



Attend a library **Games With Friends** gathering



Sit by a fire (real or faux)



Become a member of the **Friends of the Library**



Call a friend you haven't spent time with lately



Cook or bake using **library kitchen equipment**



Find a puzzle to take home from the library



Open the curtains for natural light



Cook a **hearty recipe** and enjoy it with someone



Check out a book to dive into at home



Bring the outdoors in by adding natural greenery to your home



Wear your coziest socks (or **make your own!**)

